

FND Empowerment Circle

Support Group Calendar | July – December 2026

About This Calendar

The FND Empowerment Circle Support Groups are a safe, virtual space for individuals affected by Functional Neurological Disorder (FND) and their supporters - a place to connect, share, and support one another.

No registration is required to attend.

To learn more about our support groups, please visit:

www.notdefinedbyfnd.org/fnd-empowerment-circle.



Schedule

We meet twice monthly:

 **1st Wednesday – 11:00 AM EST**

 **Last Saturday – 5:30 PM EST**



2026 Dates

July

 **July 1 – 11:00 AM EST**

 **July 25 – 5:30 PM EST**

August

 August 5 – 11:00 AM EST

 August 29 – 5:30 PM EST

September

 September 2 – 11:00 AM EST

 September 26 – 5:30 PM EST

October

 October 7 – 11:00 AM EST

 October 31 – 5:30 PM EST

November

 November 4 – 11:00 AM EST

 November 28 – 5:30 PM EST

December

 December 2 – 11:00 AM EST

 December 26 – 5:30 PM EST

 **Join**

AM Zoom: <https://us06web.zoom.us/j/88561473319>

PM Zoom: <https://us06web.zoom.us/j/83655949153>

No registration required.

Optional

Full events calendar: [Add to Your Personal Calendar](#)

Important Note

Dates and times may occasionally change based on community needs. Updates will always be reflected on our [Events Calendar](#).

Not Defined By FND

Working to end stigma, raise awareness, advocate for research and treatments, and create conversations that bring meaningful change and hope to all FND warriors.

Thank you for being a part of our community! 



**NOT DEFINED
BY FND**

**AWARENESS, ADVOCACY, AND
HOPE FOR ALL FND WARRIORS**